Dear Parents and Caregivers,

World’s Greatest Shave

At last Friday’s assembly Lena, one of our Prefects and Mrs Kerry Hadley, our Crossing Lady and Scripture Teacher had their heads shaved to support the World’s Greatest Shave. A number of other students had their hair coloured to support this as well. As you are aware we had a Mufti Day with a gold coin donation to help raise funds for this very worthwhile cause. Leukaemia affects so many families and it is a cause that we try to support at our school. The school raised around $430 which I am sure will be very well used. Thank you to Renay from Just Cuts Erina for donating her time, especially for cutting Lena’s hair as it had to be cut in a way that it could be used for a wig for kids that may be receiving treatment. Lena was especially brave having her long blonde hair cut off. Thank you to our great community for supporting Lena and Kerry.
This week eight of our students are attending Erina High School for the Erina Challenge Day where groups from schools from our Erina Learning Community attend Erina High for a range of activities. This is part of Erina High’s transition to high school program that all students will be part of at some time during the year.

P & C

Last week the P & C had their Annual General Meeting. Thank you to our outgoing Executive who are now our incoming Executive. Please consider helping the P & C with the range of activities they carry out to support the school. These include helping in the canteen, wrapping Mother’s Day or Father’s Day gifts, and coming to meetings to name a few. The P & C do so much for our school and I thank them for the great support that they give me and the entire school community.

Graeme McLeod
Principal

Y6 High School Expression of Interest

Dear Y6 Parents/Carers,
If you haven’t already returned your child’s High School EOI to your child’s Yr6 teacher, could you please do so before this Friday (21st March 2014). Thank you for your help with this matter.

COME & TRY RUGBY AT
OURIMBAH RUGBY CLUB

Under 6s to Under 11s are invited to a fun morning of rugby.
It's FREE, you'll make new friends and enjoy our sausage sizzle!

WHEN: 29th March, 10am till 12pm.
WHERE: Ourimbah Razorbacks Rugby Club, 10 Chittaway Rd, Ourimbah.

NEED MORE INFO?
Don't hesitate to call John on 0402 022 512
Website: www.razorbacks.com.au
### Dates for your calendar

**REMEMBER – Canteen is always closed on Tuesdays**

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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Wednesday</td>
<td>Every week</td>
<td>Student Banking</td>
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<tr>
<td>2nd Wednesday</td>
<td>Every month</td>
<td>P &amp; C meeting in staffroom 7:00pm – All Welcome!</td>
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<tr>
<td>Friday</td>
<td>Every week</td>
<td>Uniform Shop 8:30am – 9:30am</td>
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<td>Tues &amp; Wed</td>
<td>Every week</td>
<td>School Counsellor</td>
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<td>Friday</td>
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<td>School Assembly from 1:45pm</td>
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### TERM 1

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<tr>
<th>Day</th>
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<tr>
<td>Friday</td>
<td>21st March</td>
<td>Harmony Day – Wear Orange</td>
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<tr>
<td>Wednesday</td>
<td>26th March</td>
<td>Purple Day – Wear Purple – Gold Coin Donation for Epilepsy</td>
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<tr>
<td>Wednesday</td>
<td>2nd April</td>
<td>Cross Country K-6 at school</td>
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<td>Tuesday</td>
<td>8th April</td>
<td>Stage 2 Excursion to Sydney Museum</td>
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### NSW GOVERNMENT SCHOOLS

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<tr>
<th>TERM DATES</th>
<th>STUDENTS’ FIRST DAY</th>
<th>STUDENTS’ LAST DAY</th>
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<tr>
<td>Term 1 2014</td>
<td>Wed 29th January 2014  Years 1 – 6  Mon 3rd February 2014 for new Kindy</td>
<td>Fri 11th April 2014</td>
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<td>Term 2 2014</td>
<td>Tues 29th April 2014</td>
<td>Fri 27th June 2013</td>
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<td>Term 3 2014</td>
<td>Tues 15th July 2013</td>
<td>Fri 19th September 2013</td>
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<td>Term 4 2014</td>
<td>Tues 7th October 2013</td>
<td>Wed 17th December 2013</td>
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It's always an honour to represent your school at a higher level and we have a few people to congratulate. In soccer we have had both Ruby and Sienna go through to the next level in the girls’ team, and both Lachlan and Patrick go through in the boys’ section.

Last Tuesday Gosford East PS took a swimming team to the district carnival at Woy Woy. All the students competed to the best of their ability and their behaviour was excellent.

We had some success on the day. Theo gained 4th in the Butterfly and Jarrod came 4th in the Breaststroke and 2nd in the Backstroke. He now goes on to the regional carnival. Well done!

A big thank you to Mr and Mrs Parker who acted as managers on the day. Your help meant that Mr Travica and I were able to concentrate on time keeping duties.

Mark Emery
Sports Coordinator

NORTHCOTT SWIMMING CARNIVAL

On Tuesday 11th March the students from the Physical Support Class excitedly travelled to Ryde Aquatic Pool to attend the annual Northcott Swimming Carnival. Two outstanding performances were seen on the day by Charlie L. He swam an amazing race both in the freestyle and backstroke races. Sam C. also swam an amazing backstroke race, leading all the way. Joshua G. put in a fine effort to gain 2nd place displaying a fine swimming style and a determination to do his very best. Blair S. was so excited to attend his very first swimming carnival.

The following are the ribbon tallies gained on the day-

Charlie L. gained two 1st place ribbons for freestyle and backstroke and one participation ribbon for the noodle race in which he came first. This was the highest number of first places gained.
Samuel C. gained a 1st place ribbon for backstroke, 3rd place ribbon for freestyle and one participation ribbon for the noodle race.
Joshua G. gained a 2nd place ribbon for freestyle, 3rd place ribbon for backstroke and one participation ribbon for the noodle race.
Annaliese B. Three participation ribbons.
Hunter E. Three participation ribbons.
Blair S. Three participation ribbons.

Congratulations to all who joined in the action packed, fun day.

Margaret Wright
COUNSELLOR CORNER

Dear Parents

I would like to introduce myself as the School Counsellor at Gosford East Public School this year. I will be here on a Tuesday and part Wednesday every week. My other role is District Guidance Officer where I coordinate a team of School Counsellors across the Gosford region.

My main role is to work with students who have been identified by the Learning and Support Team with possible issues affecting their ability to engage successfully at school. This may be learning, behavioural or emotional issues. If you have a concern, the process is to speak to your class teacher first who will then decide in consultation with you to refer your child to the Learning and Support Team. Priorities are then decided by the Team. If the issue is external to the school they outside agencies are more appropriate. From time to time I will share information including the latest psychological research, relevant reading material, parent programs and student support groups with you, in the school newsletter under “Counsellor Corner”.

Sue Negus
District Guidance Officer
Registered Psychologist

HARMONY DAY - EVERYONE BELONGS

The message of Harmony Day is Everyone Belongs. It is a day to celebrate Australia’s diversity. It is a day of cultural respect for everyone who calls Australia home - from the traditional owners of this land to those who have come from many countries around the world.

By participating in Harmony Day activities we can learn and understand how all Australians from diverse backgrounds equally belong to this nation and make it a better place.

Harmony Day is an Australian Government programme and coincides with the United Nations International Day for the Elimination of Racial Discrimination.

Since 1999 Harmony Day has been widely celebrated across schools, childcare centres, community groups, churches, businesses and federal, state and local government agencies.

Gosford East Public School will be participating in Harmony Day on Friday 21st March.

Everyone is invited to wear something orange on this day for this event.

Jo Hextall
From The Students.............

👍 CAUGHT YOU BEING GOOD:
Shelly, Johnshu, Abbie, Katie, Ryan, Beth M.

📚 QUALITY WORK:
Emma, Hayley, Emily, Willow, Billy, Lachlan, Thomas, Piper, Nakeitah, Zac, Connor, Ethan, Hailee, Julie, Riley, Sarah, Misha.

HOUSE OF THE WEEK:
Kiara

NEWS OF INTEREST:
Well done to all the library monitors!

Well done, we are so proud of Lena and Mrs Hadley. You’re so brave for the World’s Greatest Shave!

OTHER:
We had fun at the Swimming Carnival! Thanks to all the teachers and kids that went!

Well done 1P Class of Assembly.

GRANDMA’S ATTIC - BY LIAM B 5/6S

I hate Grandma’s attic! Grandma makes me sleep there of a night when I misbehave.

I hate it up there. There are cobwebs all around the place. I can’t sleep because it’s way too dark. I’m lucky to get at least two hours.

My sister loves it when I’m up in the dark scary attic all alone. (She doesn’t get punished like I do). It’s just not fair!

Sometimes it’s not that scary but tonight was not one of those nights. Tonight the strangest of things happened. I heard the sound of someone or something scratching. I was terrified until the morning sun shone through the cracks in the wall and I realised that it was only grandma’s cat Emily.

I walked down the stairs to hear the grumpy voice of grandma saying “learnt your lesson yet?” I said nothing but I knew to never misbehave again. Otherwise back I go into grandma’s attic.
Hi Everyone

Please remember that if your child has a food allergy or intolerance to let us know about it. We may already have a medical alert notice in the Canteen however if we aren’t told we can’t do anything about it. It may not be that your child is actually doing the purchasing from Canteen but a friend my think they are being nice and buy something for them.

We do carry Gluten Free products. I have been able to source some wraps this week and we also have chicken nuggets both available at lunch. For snacks we have Piranha chips, popcorn and rice snacks. Just to let you know the vanilla cups are also gluten free.

Thanks
Jo C

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<td>Thursday 20th March</td>
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<th>TUESDAYS – CLOSED</th>
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<td>Wednesday 26th March</td>
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<td>Thursday 27th March</td>
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<td>Friday 28th March</td>
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HARMONY CORNER

19 March St Joseph’s Feast Day - St Joseph is the Christian-Maronite Church’s patron saint of workers and families.

21 March Harmony Day - Harmony Day is a celebration of Australia’s Multiculturalism. It is a day for all Australians to celebrate our cultural diversity, take a stand against racism, share the values of Australian democracy and promote community harmony. Harmony Day is an initiative of Australia’s Commonwealth Government and it coincides with the United Nations’ International Day for the Elimination of Racial Discrimination.

21 March Autumn Equinox - Equinox marks the time when the sun crosses the plane of the earth’s equator giving equal hours of day (Southern Hemisphere) and night.

21 March World Forestry Day - World Forestry Day This is a day for considering the benefits of forests to the community and how forests are important in the provision of habitats for animals and plant life, opportunities for recreation, education and scientific study and are the source of many products including timber and food.

21 March World Forestry Day - World Day for Water focuses the world’s attention on the importance of sustaining a safe supply of drinking water, increasing public awareness about the importance of conservation, preservation, and the protection of water resources by increasing the participation and cooperation of governments, international agencies, non-governmental organisations and the private sector.

Sue Callachor

LUNCH BOX IDEAS

Fruit Pops with Yoghurt

Thread hulled strawberries, peeled and chopped rockmelon, seedless watermelon pieces and pineapple onto paddle-pop sticks.

Serve with a small tub of reduced fat vanilla yoghurt.
Wednesday 26\textsuperscript{th} March

Started in 2008 by a young girl, Cassidy Megan, who struggles with epilepsy, the idea is to get people talking about epilepsy, to dispel myths, to create awareness in the community and develop a stronger support network for those who have seizures.

On \textbf{Wednesday the 26\textsuperscript{th} of March} Gosford East Public School will celebrate this day by wearing purple and \textbf{donating $1} to the cause.

We have a number of students and families in the Gosford East Public School community who have epilepsy, and would welcome your support and interest in making this an important date to recognise.