Dear Parents and Caregivers,

Selective Schools Application for 2016

A letter will be sent home to all Year 5 students who would like to be considered for a Selective School placement in 2016, such as at Gosford High. Applications have to be made online and more information can be found at www.schools.nsw.edu.au/shsplacement. Selective School placement is very competitive but is a good opportunity for our higher achieving students.

Swim School

The annual School Swimming Scheme begins on the 15th November. If your child cannot swim, or is not a strong swimmer, I would highly recommend that they attend. Students are offered a place in this scheme from Year 2 on. Students attend each day for two weeks and are taught by qualified teachers. It is a very good opportunity to learn how to swim, especially as we live so close to the water and so many people have backyard pools. Information will be sent home in the near future.

“Lil Geps”

Our kindergarten transition program begins next week and Belinda Conry has put together a very good program for both our new students and their parents. I look forward very much to meeting our new Kindys and their parents over the coming weeks.

Hats

Could you please ensure that your child brings their hat to school every day and that it is clearly marked with their name. The weather is getting warmer and at all times throughout the year we have a 'no hat no play' policy.

Graeme McLeod
Principal
### Dates for your calendar

**REMEMBER - Canteen is always closed on Tuesdays**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>Every week</td>
<td>Student Banking</td>
</tr>
<tr>
<td>2nd Wednesday</td>
<td>Every month</td>
<td>P &amp; C meeting in staffroom 7:00pm – All Welcome!</td>
</tr>
<tr>
<td>Friday</td>
<td>Every week</td>
<td>Uniform Shop 2:30pm – 3:30pm</td>
</tr>
<tr>
<td>Tues &amp; Wed</td>
<td>Every week</td>
<td>School Counsellor</td>
</tr>
<tr>
<td>Friday</td>
<td>Every week</td>
<td>School Assembly from 1:45pm</td>
</tr>
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### TERM 4

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday</td>
<td>17th October</td>
<td>Kindergarten students Niagara Park Stadium Excursion</td>
</tr>
<tr>
<td>Wednesday</td>
<td>22nd October</td>
<td>Years 1 &amp; 2 Excursion – Wannabees Play Town</td>
</tr>
<tr>
<td>Wednesday</td>
<td>22nd October</td>
<td>Surf Safe – Stage 3</td>
</tr>
<tr>
<td>Friday</td>
<td>24th October</td>
<td>Ball Games Carnival – Stages 2 &amp; 3</td>
</tr>
<tr>
<td>Thursday</td>
<td>13th November</td>
<td>Year 6 Mini Fete</td>
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### NSW GOVERNMENT SCHOOLS

#### TERM DATES

<table>
<thead>
<tr>
<th>Term</th>
<th>STUDENTS’ FIRST DAY</th>
<th>STUDENTS’ LAST DAY</th>
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<tbody>
<tr>
<td>Term 4 2014</td>
<td>Tues 7th October 2014</td>
<td>Wed 17th December 2014</td>
</tr>
<tr>
<td>Term 1 2015</td>
<td>Tues 27th January 2015</td>
<td>Thursday 2nd April, 2015</td>
</tr>
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### HARMONY CORNER

**15 October: National Ride to Work Day** - National Ride to Work Day is a chance for regular and new riders to celebrate the personal joys and environmental benefits of cycling. Ride to Work Day was introduced in Victoria 13 years ago by Bicycle Victoria and in 2007 it was expanded nationwide.

### NOTES OUT THIS WEEK

Ballgames Stages 2 & 3  
Swim Scheme Year 2
Prefect Election

All candidates have completed their interviews and passed this stage, therefore, all will wear a badge that will identify them to the school community. This will let all voters see how wonderful they are and help them to make a choice when the voting day arrives.

These badges will be presented to the students at Friday’s assembly.

Mr Emery

Counsellor Corner

Information for parents of children with a disability:

Free Stepping Stones Triple P parenting support

The University of Sydney has launched a new project that will offer free parenting support to parents and caregivers of children with a disability aged 2 to 12 years, starting from early 2015. The Stepping Stones Triple P (SSTP) Project aims to significantly reduce emotional and behavioural problems in children with a disability by providing evidence-based parenting help.

Parenting is a challenging job, but parenting a child with a disability has additional challenges that can significantly impact upon the health and wellbeing of all family members. There is a need for affordable, widely available, effective support for children and their families. Helping parents to manage behaviour and emotional problems can reduce parent stress and increase confidence. However, parents often don’t have access to evidence-based help.

Stepping Stones Triple P is an evidence-based parenting program specially tailored for people caring for a child with a disability. It introduces parents to a range of proven strategies to encourage positive behaviour, teach new skills, and to more effectively manage challenging behaviour.

The Stepping Stones programs are supported by an extensive body of research showing decreases in parent-reported child emotional and behavioural problems and increased parent confidence after participating in a Stepping Stones program. These results have been found when delivered in research settings and by school staff in mainstream and special schools.

Stepping Stones programs will be offered free of charge to parents of children with a disability across New South Wales in 2015 and 2016, alongside free training for professionals.

The project’s first step is a 2014 survey of parents and professionals across NSW to benchmark families’ experiences and the need for parenting support. Parents and caregivers who have a child with a disability aged 2 to 10 years, and professionals working with families, can register their interest in the project by completing the My Say survey at www.mysay.org.au.
**STUDENT CORNER**

**Term 3, Week 10**

**CAUGHT YOU BEING GOOD:**
Harry, Finlay, Sonnie, Kaira, Katie, Tim, Zoe, Phoenix, Riley, Lena, Tamana, Summer, Aston, Alex, Jake, Cameron, Joshua, Jackson, Lucy.

**QUALITY WORK:**
Mark, Zoe, Samuel, Amelia, Vincent, Lucy, Leilani, Brody, Ava, Kaden, Dylan.

**HOUSE OF THE WEEK:**
Warrimoo

**MERIT AWARDS:**
Vivienne KE; Jozua KC; Phoenix K-4B; Amy 1/2H; Owen 1F; Savannah 1P; Shriya 2B; Bryce 3-6M; Riley 3/4E; Willow 3/4T; Leah 4/5C; Tim 5/6M; Katie and Owen 5/6S.

**OTHER:**
Well done to the students and teachers for a great Cup-a-Thon!
Hi Everyone

As you can see there are lots of holes in the roster this term. If you can even give up half a day it would be great. Please just give me a call on my mobile.

October is our Canteen for CanTeen month. We have bandannas for sale for $4 each and pens for $3 each. All the money goes back to CanTeen, which is a group that assists kids with cancer or kids who are dealing with a family member with cancer. The bandannas can be worn to school on Friday, 31st October!

Thanks
Jo C